

# Come attend a fun interactive class!

The FREE class will be provided at

**Buckeye Family Resource Center  
210 S 6th Street Building 700  
Buckeye, 85326**

**On Tuesdays, 1/10, 1/17, 1/24, 1/31, 2/7,  
2/14, and 2/21**

**From 1:00 pm—2:00 pm**

**Provided by the SW Nutrition  
and Physical activity program**

**Each participant will learn fun physical activities to do  
with their children and new tips on eating healthy**

**For parents of children age 5 years or younger**

**Each participant will receive a class certificate and  
free gifts**



**For more information on this class or the SW NPA Program please call  
Jasmine Sanchez, Health Educator @ 602-568-9771  
or [JasmineSanchez@mail.maricopa.gov](mailto:JasmineSanchez@mail.maricopa.gov)**

